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| Year Group: 2 | Gymnastics | Dance | Ball skills  | Throwing and catching | Athletics |  |
|  | • To remember and repeat simple gymnastic actionswith control.• To balance on isolated parts of the body using thefloor and hold balance. • To develop a range of gymnastic moves, particularlybalancing.• To link together a number of gymnastic actions into asequence.• To explore ways of travelling around on largeapparatus.• To choose and use a variety of gymnastic actions tomake a sequence.  | • To explore different levels and speeds of movement.• To compose and perform simple dance phrases. • To show contrasts in simple dances with good body shape and position. • To develop a range of dance movements and improve timing.• To work to music, creating movements that showrhythm and control. • To work to music, creating movements that showrhythm and control.  | • To use hand-eye co- ordination to control a ball. • To catch a variety of objects.• To vary types of throw.• To kick and move with a ball.• To develop catching and dribbling skills.• To use ball skills in a mini festival.  | . • To learn skills for playing striking and fielding games.• To position the body to strike a ball.• To develop catching skills.• To throw a ball for distance.• To practise throwing skills in a circuit.• To play a game fairly and in a sporting manner.• To use fielding skills to play a game.  |  • To run with agility and confidence.• To learn the best jumping techniques for distance. • To throw different objects in a variety of ways.• To hurdle an obstacle and maintain effective running style.• To run for distance.• To complete an obstacle course with control and agility.  |  |